



Kelsey Primary

Responsibility Determination Respect

Friday 27th March, 2026

To all our Kelsey families,

Last night was our annual Easter Bingo event, organised and ran by our brilliant PTA. Thank you to everyone who attended, along with the PTA helpers, for making it happen. A special thank you to Mr & Mrs Massey for calling the numbers too.



There is still time to win an Easter egg and support our PTA by having a go at finding where the Easter bunny dropped his egg: <https://www.nkpta.com/product-page/where-did-the-easter-bunny-drop-his-egg>

Just a reminder that we'll be visiting Church on Thursday morning for our final Easter Service with Rev. Marian. It would be great to see as many parents, carers, friends and family attending as possible. Please can we remind **pre-school** parents and carers that they're responsible for taking their child to and from church on Thursday morning.

Updates this week:

Parent/carers survey -

Mrs Blackburn shared our annual safeguarding survey with parents and carers yesterday. We'd appreciate as many responses as possible in order to give us an indication of how safe our pupils feel in school.

New website video and photographs -

On Wednesday 22nd April, the marketing team from John Leggott College are visiting us to begin filming and photographing our school in order to create an updated video for our website. Whilst on site, they'll aim to film and photograph all areas of school and we're really keen to show our children enjoying their school environment. The video created and photography used will be for the purposes of our website and displaying in school. We will not be posting any videos or photographs on social media. A google form will be sent out to parents and carers seeking your consent for your child to be videoed or photographed. We're very grateful to John Leggott College for creating this for us and we're looking forward to being able to share the final version with you all.

Indoor shoes -

Just a reminder that indoor shoes/slippers/Crocs may need replacing ready for the summer term. We'll send all indoor shoes home at the end of term so that parents/carers can make that assessment! Thank you.

PE kits -

Please can we ask that children have a sweatshirt/zip up hoodie style top to wear for PE lessons. We strongly discourage children from taking part in PE in their school cardigans and jumpers – especially as the weather will (hopefully) be turning warmer.

Attendance –

This week, our class attendance with the highest attendance was **Cherry Blossom** - congratulations!

Spotlight on SEND –

Attention Deficit Hyperactivity Disorder (ADHD)

Many children are naturally full of energy, especially when they're young. In most cases, this is completely typical and something they gradually grow out of. For some children, however, their behaviour may be linked to an underlying difficulty such as Attention Deficit Hyperactivity Disorder (ADHD).

What is ADHD?

ADHD is a neurodevelopmental condition, which means it affects how a child's brain develops and how they manage certain behaviours. The core features of ADHD are:

- **Difficulty concentrating**
- **High levels of activity (hyperactivity)**

- **Acting impulsively** (doing things without thinking through the consequences)

Children may show one, two, or all three of these traits.

ADHD usually affects a child across different situations—at home, at school, and in social settings. It often becomes more noticeable when a child starts school, where they may struggle to sit still, stay focused, or wait their turn.

Without the right support, ADHD can affect learning, friendships, confidence, and family life. With understanding and appropriate strategies, however, children with ADHD can thrive.

What causes ADHD?

There isn't one single cause of ADHD. Instead, research suggests a combination of factors:

- **Genetics:** ADHD often runs in families, although no single gene is responsible.
- **Brain differences:** Some children may have differences in brain structure or in the way certain brain chemicals work.
- **Environmental factors:** These may increase the likelihood of ADHD in children who are already genetically more likely to develop it.

Older ideas about diet causing hyperactivity are not supported by current research. However, a balanced diet, good nutrition, and regular exercise are still important for overall wellbeing.

ADHD in boys and girls

Boys are diagnosed with ADHD more often than girls, but we now know that girls are likely under-identified. Girls may show more inattentive behaviours rather than hyperactivity, which can be quieter and easier to overlook. When ADHD is missed, the impact on girls—especially as they get older—can be significant.

Other difficulties that can occur alongside ADHD

Around 60–80% of children with ADHD also experience at least one additional challenge, such as:

- Social communication differences
- Language or reading difficulties (e.g., dyslexia)
- Motor coordination difficulties (dyspraxia)

Children with ADHD may also find tasks involving planning, organisation, and thinking ahead more difficult. Their performance can vary from day to day, and many parents notice that their child's focus improves when they are highly interested in an activity or when rewards are involved.

PTA updates –

Looking ahead to the Summer term, we have the Summer Fair coming up on Friday 26th June and our annual Colour Run too.

Calendar events –

Week beginning 30.03.26

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch time	Mindful Colouring with Miss Grantham (KS2)		Makaton with Ellen (KS2) Jewelry Club with Mrs Coombes (KS1 & 2)	Pokemon Club with Teddy & Jack (KS1 & 2) Chess Club with Marshall (KS2)	

				Craft Club with Mrs Massey (EYFS & KS1)	
After school (4:30pm finish)	Basketball with Miss Lowthian (KS1 & 2) Glee Club with Mrs Massey & Ms Gray (KS1 & 2)	Mini Football with Miss Hunt (EYFS & KS1)	Football with JB Sports	Film Club with Mrs Heeley (EYFS – Y6) Gymnastics with Miss Lowthian (KS1 & 2)	
				Easter Service 9am Last day of the Spring term ☺	

Calendar dates:

Return to school: Tuesday 22nd April

Looking ahead:

KS2 SATs week: Monday 11th May – Thursday 14th May 2026

Summer half term: Begins on Friday 22nd June. Children return to school on Monday 1st June.

Y6 PGL Residential: Wednesday 3rd – Friday 5th June

PTA Summer Fair: Friday 26th June

Have a lovely weekend!

Warmest regards,
Katie Grantham
Headteacher

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