



Kelsey Primary

Responsibility Determination Respect

Friday 18th September, 2026

To all our Kelsey families,

On Monday, we will be holding our NSPCC 'Speak out. Stay safe' assemblies – one for EYFS and KS1 and one for KS2. The aims are to help children recognise the signs of the different types of abuse. We will be teaching children to speak out if they are worried, either to a safe adult or Childline.

For Year 2 and Year 5 and 6 children, this will be followed by a classroom based workshop with an NSPCC volunteer on Tuesday 13th October, with some help from the NSPCC mascot Buddy.

To find out more about the programme, please watch the NSPCC's **'Speak out. Stay safe. 'Introduction for Parents/Carers film'**. [Link](#) or scan QR code.



If you would like to share anything regarding your child's past or something happening now which may mean they need extra support during or after taking part in this programme, please don't hesitate to contact us.

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe:

Parent/Carer support Take a look at information, support, advice and activities from NSPCC for parent and carers. www.nspcc.org.uk/parents www.nspcc.org.uk/speakout.	Activities to extend learning at home Take part in games and activities at home to help children learn about speaking out and staying safe. www.nspcc.org.uk/activities
Online Safety Hub For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.	Childline – under 12's Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.

www.nspcc.org.uk/onlinesafety

www.childline.org.uk/buddy (5-7)

www.childline.org.uk/kids (7-11)

Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants.

Please don't hesitate to get in touch if you have any questions or queries.

Updates this week:

Attendance –

This week, Cherry Blossom were our winning class with a whopping 100% attendance for this week! Well done 😊

Photographs -

Individual and sibling photographs will be taken on Tuesday morning. If all siblings attend Kelsey, we will organise this happening during school time. If you would like a photograph with siblings that don't attend Kelsey, please drop into school from 8:30am.

Save the date! -

Our EYFS and KS1 nativity will take place on Tuesday 8th November, with an afternoon performance at 2:30pm and an evening performance at 5pm. **All children will be involved**, even if they don't usually attend pre school on a Tuesday.

Special 'Space Day' menu –

Please find attached our special Space Day menu for Thursday 1st October, orders need to be made by Thursday 24th September – thank you.

SEND spotlight –

Executive Functioning

Executive functioning refers to the set of mental skills children use to plan, organise, remember information, start tasks, stay focused, manage emotions, and cope with changes. These skills act like the brain's "control centre," helping pupils navigate learning and daily routines.

Some children—particularly those with ADHD, Autism, Dyslexia, Dyspraxia or other neurodevelopmental differences—may find these skills more challenging. Difficulties can also appear during periods of stress, tiredness or transition. These challenges are not a sign of laziness; they reflect how a child's brain processes information and manages demands.

How Executive Functioning Difficulties May Show Up

You may notice a child:

- Struggling to start or finish tasks
- Forgetting instructions or equipment

- Becoming overwhelmed by multi-step directions
- Finding changes in routine difficult
- Losing focus or becoming easily distracted
- Getting “stuck” on one idea
- Experiencing big emotions when tasks feel hard

How We Support Children in School

Our aim is to reduce cognitive load, build independence and create predictable, supportive environments. Staff use a range of strategies, including:

- Clear, simple instructions broken into small steps
- Visual supports such as timetables, checklists and model examples
- Predictable routines with advance notice of changes
- Working memory aids like written instructions and planners
- Organisation scaffolds such as colour-coding and equipment check-ins
- Emotional and sensory regulation opportunities, including movement breaks and calm spaces
- Support for flexible thinking, such as pre-teaching changes and offering choices

These approaches help children feel more confident, secure and ready to learn.

How Parents Can Help at Home

Small, consistent routines make a big difference. You might try:

- Visual checklists for packing bags or completing homework
- Breaking tasks into short, manageable steps
- Predictable morning and evening routines
- Encouraging planning (“What do you need first?”)
- Calm time before transitions
- Games and conversations that practise flexible thinking

PTA updates –

Tickets are now on sale for our spooky Halloween Disco! See below for information:



Don't forget, there is a discount code available for any children who are entitled to free school meals. You can find the application for this in the 'shop' area of our website:

<https://www.nkpta.com/shop>

Calendar events –

Week beginning 22.09.26

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch time					Running Club with Mrs Trotter & Mrs Chamberlin
After school (4:30pm finish)	Dance with Mrs Massey (Y1 – Y6)	Mini Football with Miss Hunt (EYFS and KS1) Gymnastics with Miss Lowthian (KS2)	Tag rugby with JB Sports	Football with Mr Turner (KS2)	
		School photographs		Flu immunisations	Celebration Assembly 9am

Looking ahead:

NSPCC 'Speak out' assemblies: Monday 21st September

Individual school photographs: Tuesday 22nd September

Flu immunisations: Thursday 24th September

NSPCC workshops for Years 2, 5 and 6: Tuesday 13th October

Last day of Autumn term 1: Friday 23rd October

And finally –

We had some adorable visitors to Elm Class last Friday – baby ducklings aged just two days old! Pear and Pumpkin were a big 'Show and Tell' hit with the children and staff alike. Aren't they gorgeous?!



Have a lovely weekend,

Warmest regards,
Katie Grantham
Headteacher

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